

Community Services

Counselling and Community Support

Co.As.It. is a leader in the provision of culturally and linguistically appropriate care for the community across Sydney. Our Community Services team includes bilingual staff, social workers, psychologists, case managers, community care workers as well as dedicated volunteers. We offer a wide range of one-on-one support services and assistance for older people living at home and in residential care settings. Our services are designed to help people live independently and remain connected with their culture and heritage. Co.As.It. services are tailored to meet the needs of individuals and the expectations of their loved ones and family.

Contact us:

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Mental Health

The Co.As.It. Mental Health Program is one of the few programs catering specifically for members of the Italian community. Our psychologists provide casework and advocacy as well as free counselling to support clients and their families. We provide psychological support services for people with mental health issues and work closely with other health and community service providers.

Drug and Alcohol

Our Drug and Alcohol Program has been designed to assist Italian community members to access support services and free counselling for drug and alcohol related issues. As well as providing case management for individuals, the program is also focused on preventative campaigns aimed at both older and younger members of the community.

Social Workers

The Co.As.It. team of social workers provide counselling and case management to promote health and wellbeing for our community members, particularly healthy ageing. We offer referral to complementary support services and can help clients find the right support they need from Co.As.It. and other service providers.

Youth and Family Program

The Co.As.It. Youth and Family Program focuses on skills development, leadership training and capacity building for younger members of the community with a range of workshops, training and events.